

Curriculum Overview			
Year Group	Term	Unit of Work	Assessment Content
7	1	Health and Well-being <ul style="list-style-type: none"> Transition to secondary school Diet, exercise and how to make healthy choices 	
	2	Living in the wider world <ul style="list-style-type: none"> Enterprise skills and introduction to careers Challenging career stereotypes and raising aspirations 	
	3	Relationships <ul style="list-style-type: none"> Diversity, prejudice and bullying including cyber bullying Managing on and off-line friendships 	
	4	Health and Well-being <ul style="list-style-type: none"> The risks of alcohol, tobacco, and other substances Managing puberty and the issues of unwanted contact and FGM 	
	5	Relationships <ul style="list-style-type: none"> Self-esteem, romance and friendships Exploring family life 	
	6	Living in the wider world <ul style="list-style-type: none"> Making ethical financial decisions Saving, spending and budgeting money 	
8	1	Health and Well-being <ul style="list-style-type: none"> First aid and personal safety, focusing on road safety Alcohol and drug misuse and managing peer influence 	
	2	Living in the wider world <ul style="list-style-type: none"> Rights and responsibilities in the community Tackling age and disability discrimination 	
	3	Relationships <ul style="list-style-type: none"> Tackling racism and religious discrimination, promoting human rights Online Safety 	

	4	Health and Well-being <ul style="list-style-type: none"> Mental health and emotional well-being, including body image Managing change and loss 	
	5	Relationships <ul style="list-style-type: none"> Introduction to sexuality and consent Introduction to contraception including condom and pill 	
	6	Living in the wider world <ul style="list-style-type: none"> Evaluating value for money in services Risks and consequences making financial decisions 	
9	1	Health and Well-being <ul style="list-style-type: none"> Peer pressure, assertiveness and risk, gang crime Dieting, lifestyle balance and unhealthy coping strategies 	
	2	Living in the wider world <ul style="list-style-type: none"> Understanding careers and future aspirations Identifying learning strengths and setting goals as part of the GCSE options process 	
	3	Relationships <ul style="list-style-type: none"> Managing conflict at home and the dangers of running away from home Tackling homophobia, transphobia and sexism 	
	4	Health and Well-being <ul style="list-style-type: none"> Managing peer pressure in relation to illicit substances Assessing the risks of drug and alcohol abuse and addiction 	
	5	Relationships <ul style="list-style-type: none"> Relationships and sex education including healthy relationships and consent The risk of STIs, sexting and pornography 	
	6	Living in the wider world <ul style="list-style-type: none"> Planning and carrying out an enterprise project Risks and consequences making financial decisions 	
	1	Health and Well-being <ul style="list-style-type: none"> Transition to key stage r and developing study habits Mental health and ill health, tackling stigma 	
	2	Living in the wider world	

10		<ul style="list-style-type: none"> Understanding the causes and effects of debt Understanding the risks associated with gambling 	
	3	Relationships <ul style="list-style-type: none"> Tackling relations myths and expectations Managing romantic relationship challenges including break ups 	
	4	Health and Well-being <ul style="list-style-type: none"> Exploring the influence of role models Evaluating the social and emotional risks of drug use 	
	5	Relationships <ul style="list-style-type: none"> Understanding different families and learning parenting skills Managing change, grief and bereavement 	
	6	Living in the wider world <ul style="list-style-type: none"> Challenging extremism and radicalisation 	
	11	1	Health and Well-being <ul style="list-style-type: none"> Promoting self-esteem and coping with stress Learning and revision skills to maximise potential Interviewing with confidence
2		Living in the wider world <ul style="list-style-type: none"> Understanding the college application process and plans beyond school Skills for employment and career progression 	
3		Relationships <ul style="list-style-type: none"> Personal values and assertive communication in relationships Tackling domestic abuse and forced marriage 	
4		Health and Well-being <ul style="list-style-type: none"> Health and safety in independent contexts Taking responsibility for health choices 	
5		Relationships <ul style="list-style-type: none"> British values, human rights and community cohesion 	
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